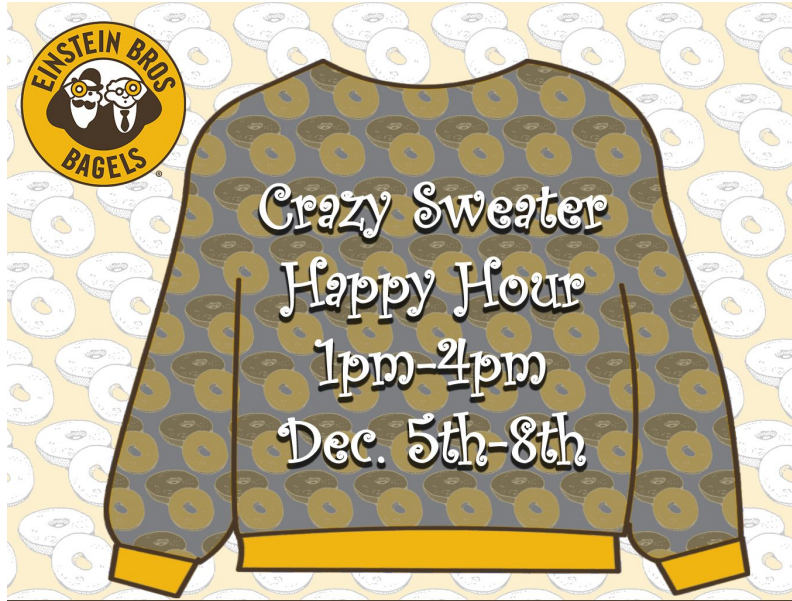


# **EWU dining services work**

**Shelby McNamara  
November 2021 - June 2023**

# Instagram Promotions

# Instagram Promotions



Whoever wears a Crazy sweater will receive a Free apple pie with purchase.

# Instagram Promotions



We are proud  
to announce  
Thomas Hammer  
is now accepting  
EagleFlex.





# Instagram Promotions



# Instagram Promotions



We are proud to  
announce,  
Inferno Wings  
will now be  
accepting  
EagleFlex!



Inferno Wings is your go-to  
chicken wing restaurant in  
Cheney, WA!  
There are 11 different sauces,  
4 styles of wings,  
if those haven't sold you,  
the garlic bread will!  
From football snacks  
to weeknight treats,  
Inferno Wings  
will help spice up your life!

# Instagram Promotions



**NOW SERVING  
FLATBREAD**

freshens

**NOW SERVING  
RICE BOWLS**



freshens

# Instagram Promotions



We are proud to  
announce that  
EWU Dining  
Services is  
partnering with  
Desserts By Sara



These products can be found at the Union Market.



# Instagram Promotions



We are proud to announce, Cheney Conoco gas station will now be accepting EagleFlex!



# Recipe of the Week

# Recipe of the Week



## Sugar Cookies

Prep: 15 min  
Inactive: 2 hr  
Cook: 9 min  
Total: 2 hr 24 min

### INGREDIENTS

3 cups all-purpose flour  
3/4 teaspoon baking powder  
1/4 teaspoon salt  
1 cup unsalted butter, softened  
1 cup sugar  
1 egg, beaten  
1 tablespoon milk  
Powdered sugar, (For rolling out dough)

\*disclaimer please do not eat raw dough

### Step 1

Sift together flour, baking powder, and salt. Set aside.

### Step 2

Place butter and sugar in large bowl of electric stand mixer and beat until light in color. Add egg and milk and beat to combine. Put mixer on low speed, gradually add flour, and beat until mixture pulls away from the side of the bowl.

### Step 3

Divide the dough in half, wrap in waxed paper, and refrigerate for 2 hours.

### Step 4

Preheat oven to 375 degrees F.

### Step 5

Sprinkle surface where you will roll out dough with powdered sugar.

### Step 6

Remove 1 wrapped pack of dough from refrigerator at a time, sprinkle rolling pin with powdered sugar, and roll out dough to 1/4-inch thick.

### Step 7

Move the dough around and check underneath frequently to make sure it is not sticking. If dough has warmed during rolling, place cold cookie sheet on top for 10 minutes to chill.

### Step 8

Cut into desired shape, place at least 1-inch apart on greased baking sheet, parchment, or silicone baking mat, and bake for 7 to 9 minutes or until cookies are just beginning to turn brown around the edges, rotating cookie sheet halfway through baking time.

### Step 8

Let sit on baking sheet for 2 minutes after removal from oven and then move to complete cooling on wire rack. Serve as is or ice as desired.

### Step 9

Enjoy!



LIKE THIS RECIPE ?  
FOLLOW US AND SAVE THIS!

Dining & Catering Services  
Eastern Washington University

# Recipe of the Week



## CREAMY PESTO MAC

SERVINGS 6 (1 cup each)  
PREP 15 mins  
COOK 15 mins  
TOTAL 30 mins

### INGREDIENTS

2 cups uncooked macaroni  
2 Tbsp butter  
2 Tbsp all-purpose flour  
2 cups whole milk  
1/2 cup shredded Parmesan  
1/4 cup basil pesto  
1/2 tsp salt  
Freshly cracked pepper

### Step 1

Bring a large pot of water to a boil, then add the macaroni. Boil for 7-10 minutes, or until tender. Drain the macaroni in a colander.

### Step 2

While the pasta is boiling, prepare the sauce. Add the butter and flour to a small sauce pot. Heat and stir the butter and flour over medium heat until it forms a creamy paste and begins to bubble. Continue to stir and cook for about one minute more.

### Step 3

Whisk the milk into the butter and flour, then allow it to come up to a simmer, while whisking. When it reaches a simmer, the sauce will thicken. Remove the sauce from the heat.

### Step 4

Whisk the Parmesan and pesto into the sauce until smooth. This will further thicken the sauce. Season the sauce with salt and freshly cracked pepper.

### Step 5

Return the cooked and drained pasta to the large pot (heat turned off). Pour the sauce over top, then stir until everything is combined and coated in sauce.



LIKE THIS RECIPE ?  
FOLLOW US AND SAVE THIS!

 Dining & Catering Services  
Eastern Washington University





**Redesigns & Custom projects**

# School Lunch Menu

## Union Market September 20 - 26, 2021

### \*GRILL SPECIALS\*

**Monday:** Bacon Cheese Burger

**Tuesday:** Grilled Chicken Sandwiches

**Wednesday:** Bacon Avocado Burger

**Thursday:** Turkey Burger

**Friday:** Tuna Melt

Available All Day, Every Day:  
Grill/PUB Muffins  
UM Grocery Store

**Monday - Friday:**

AM Food Bar 7 - 10:30 AM  
PM Food Bar 11 AM - 7 PM  
Salad Bar 11 AM - 7 PM

Wing Bar 10:30 AM - 7 PM  
Pizza Menu 10:30 AM - 7 PM  
Burritos 10:30 AM - 7 PM

**Saturday - Sunday:**

AM Food Bar 10 AM - 1 PM  
PM Food Bar 1 - 6 PM  
Salad Bar 10 AM - 6 PM

Wing Bar 10:30 AM - 6 PM  
Pizza Menu 10:30 AM - 6 PM  
Burritos 10:30 AM - 6 PM

### Hours

**Monday - Friday:** 7:00 AM - 7:00 PM

**Saturday - Sunday:** 10:00 AM - 6:00 PM

Menu is subject to change due to supply chain issues.

original

**Monday - Friday:**  
7:00 AM - 8:00 PM (Grocery)  
7:00 AM - 7:00 PM (Food)

## Union Market November 29 - December 5, 2021

**Saturday - Sunday**  
10:00 AM - 6:00 PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Hash Browns	Red Potatoes	Hash Browns	Sweet Potatoes	Red Potatoes	Hash Browns	Hash Browns
Scrambled Eggs	Cheese Omelet	Scrambled Eggs	Cheese Omelet	Scrambled Eggs	Scrambled Eggs	Cheese Omelet
Chicken Sausage	Chicken Sausage	Chicken Sausage	Chicken Sausage	Chicken Sausage	Chicken Sausage	Grilled Ham
Pork Sausage	Pork Sausage	Chorizo Sausage	Grilled Ham	Chicken Fried Stake & Gravy	Chorizo Sausage	Cheese Crepes
Lunch & Dinner	Lunch & Dinner	Lunch & Dinner	Lunch & Dinner	Lunch & Dinner	Lunch & Dinner	Lunch & Dinner
Grilled Flank Steak	Mexi Casserole	BBQ Chicken Thighs	BBQ Beef Brisket	Curried Cod	Sweet & Sour Pork	Pasta Bar
Butter Garlic Noodles	Cheese Enchiladas	Mac & Cheese	Mashed Potatoes	Wild Rice Pilaf	Teriyaki Chicken	Marinara, Alfredo
Steamed Broccoli	Fiesta Rice	Roasted Vegi Medley	Brown Gravy	Roasted Butternut Squash	Sticky Rice	Meatballs
Chicken Noodle Soup	Black Beans	Garlic Cheddar Biscuit	Broccoli Cheddar Soup	Clam Chowder	Edamame Mix	Chicken
Grill Station	Chicken Fiesta Soup	Italian Ravioli Soup			Veggie Spring Rolls	Garlic Cheddar Biscuits
M-F 7 AM - 7 PM S-S 10 AM - 6 PM	Parfait, Fruit, & Salad Bar	M-F 7 AM - 7 PM S-S 10 AM - 6 PM	Wing Bar	Pizza Bar	Burrito Bar	M-F 10 <sup>30</sup> AM - 7 PM S-S 11 AM - 6 PM

Menu items are subject to change, due to supply chain availability.

Revision 1

# School Lunch Menu

## Union Market

April 3 - 9, 2023

Monday - Friday

7:00 AM - 8:00 PM (Grocery)

7:00 AM - 7:00 PM (Food)

Saturday - Sunday

10:00 AM - 6:00 PM (Grocery)

10:00 AM - 6:00 PM (Food)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Breakfast</b> Shredded Hashbrowns Scrambled Eggs Chicken Sausage Links Pork Sausage Patty Oatmeal w/ Toppings Biscuits & Gravy	<b>Breakfast</b> Red Potatoes Cheese Omelets Chicken Sausage Patty Pork Sausage Links Oatmeal w/ Toppings Biscuits & Gravy	<b>Breakfast</b> Potatoes O'Brien Scrambled Eggs Chicken Sausage Links Chorizo Sausage Patty Oatmeal w/ Toppings Biscuits & Gravy	<b>Breakfast</b> Breakfast Potatoes Cheese Omelets Turkey Sausage Patty Grilled Ham Oatmeal w/ Toppings Biscuits & Gravy	<b>Breakfast</b> Red Potatoes Scrambled Eggs Bacon Chix Fried Steak & Gravy Oatmeal w/ Toppings Biscuits & Gravy	<b>Brunch 10am - 1pm</b> Shredded Hashbrowns Scrambled Eggs Chicken Sausage Links Pork Sausage Patties Oatmeal w/ Toppings	<b>Brunch 10am - 1pm</b> Build Your Own Breakfast Burritos Tortillas, Scrambled Eggs Diced Ham, Diced Bacon Cold Toppings, Cheese, Salsa, Sour Cream, Olives
<b>Lunch &amp; Dinner</b> 11am - 2pm BBQ Chicken Thighs Mashed Potatoes Broccoli 4pm - 7pm Eye of Round Scalloped Potatoes Cauliflower	<b>Lunch &amp; Dinner</b> 11am - 2pm BYO BLT Jo Jo's 4pm-7pm Seared Sunbutter Bok Choy Chicken Thigh Basmati Rice	<b>Lunch &amp; Dinner</b> 11am - 2pm Tater Tot Casserole Chef's Choice Brown Rice Corn 4pm - 7pm Meatball Bar Various Sauces Rice Pilaf	<b>Lunch &amp; Dinner</b> 11am-2pm Korean Chicken Thighs Yakisoba Noodles Stir Fry Veg 4pm-7pm Pork Spare Ribs Roasted Potatoes Green Beans	<b>Lunch &amp; Dinner</b> 11am-7pm Cod Rice Glazed Carrots	<b>Lunch &amp; Dinner</b> 1pm - 6pm Pork Bites Chicken Bites Various Sauces Rice Veg	<b>Lunch &amp; Dinner</b> 1pm - 6pm Pasta Bar Pasta Marinara Alfredo Meatballs Chicken Veg
<b>Grill Station</b> M-F 7 AM - 7 PM S-S 10 AM - 6 PM	<b>Parfait, Fruit, &amp; Salad Bar</b> M-F 7 AM - 7 PM S-S 10 AM - 6 PM	<b>Gyros</b> M-F 10 <sup>30</sup> AM - 7 PM S-S 11 <sup>00</sup> AM - 6 PM	<b>Burrito &amp; Quesadilla</b> M-F 10 <sup>30</sup> AM - 7 PM S-S 11 <sup>00</sup> AM - 6 PM	<b>Pizza</b> M-F 10 <sup>30</sup> AM - 7 PM S-S 11 <sup>00</sup> AM - 6 PM		

Menu items are subject to change, due to supply chain availability.

# Brochures

## EAGLE FLEX

Eagle Flex is a prepaid account that works like a debit card. Flex expires after 2 years of inactivity. Use your EagleCard to spend Flex money at participating locations on campus and in Cheney.

To open a Flex account, come to the Tawanka Business Office, 120 Tawanka Hall, Chby, WA, MasterCard, or check may be used to place a flex deposit. You may add money to Flex with cash in specified Flex machines on campus or online at [inside.wvu.edu/eaglecard](https://inside.wvu.edu/eaglecard)



### TOP 5 REASONS TO HAVE AN EAGLE FLEX ACCOUNT

1. Convenient
2. Flexible
3. Quick transactions
4. Off-campus merchants
5. Funds rollover from year to year

### EAGLE FLEX LOCATIONS

EVU CAMPUS	SEEK HERE TO OFF LOCATIONS
ALL EVU DINING SERVICES OPERATIONS EVU PRINTING & COPYING STATIONS TOY GIFT PROGRAM (THING OF HOLES) EVU CONCESSION STANDS	MAIL SERVICES UNION MARKET ERIC ADVENTURES EVU BOOKSTORE THOMAS HAMMER
CHENEY BARBECUE PIZZA CHENEY CONCHICO EL ROSCO PACHO EARTH FRIEND WINGS THE JAR JIMMY JOHN'S THE MASON JAR MCDONALD'S MERCHELL'S HARVEST FOODS CIVIL PHARMACY	ROSA'S PIZZA AND CHENEY LANES SUBWAY WISER FRANKS HOASTERS YOKES FRESH MARKET ZIPS DRIVE-IN

## EAGLE CARD OFFICE



**EAGLE CARD OFFICE**  
**PHONE 509.359.6184**  
**FX 509.359.4829**  
**EMAIL EAGLECARD@WVU.EDU**  
**ONLINE INSIDE.WVU.EDU/EAGLECARD**  
**120 TAWANKA HALL**  
**CHENEY, WA 99004**

## THE EAGLE CARD DOES IT ALL



**Eagle Flex**  
 All EVU students and employees may setup an Eagle Flex account on their EagleCard. Eagle Flex can be used for purchasing meals, books, clothing, gifts on and off campus.



**Spokane Transit**  
 Use your EagleCard as a bus pass on all STA routes. Students can use the pass during current enrolled quarter and have paid their transportation fee. Faculty and staff are eligible after registering for CTR Program.



**EWU Dining Services**  
 Residential and off-campus living meal plans can be loaded to your EagleCard every quarter. Bring it with you to all Dining Services Locations to purchase meals, snacks and beverages.



**Print & Copy Services and JFK Library**  
 Each quarter, Spokane EagleCards are loaded with \$9.00 of Print Credit for use at EVU libraries and computer labs. You can also use your ID to check out books, rent cameras, and laptops from the JFK library.

## ADDITIONAL EAGLE CARD INFORMATION

**Replacement Fee:**  
 Replacement cards cost \$30. The fee is to be paid at the EagleCard Office at the time of service with cash, check, Visa, MasterCard, or Eagle Flex. Cards over four years of age will be replaced at no charge.

**Old Cards:**  
 Once a new card is produced, you cannot go back to an old card. This is a security feature built into our system for the protection of our card holders and cannot be overridden.

**Name Change:**  
 After legally changing your name, you may contact Records and Registration to request your name be changed in the University Banner system. \*Please note that Net ID's are now printed on all EagleCards and Net ID's are not automatically changed when the name change is processed. To change your Net ID, please contact the IT Help Desk. Once we can see your name change has been processed, you may purchase a new card for \$30.

**Improper use of EagleCards:**  
 Any EagleCard used by anyone other than the owner will be confiscated. The card will be held until the owner of the card claims it by showing a valid photo ID.

**Lost and Stolen Cards:**  
 If your card is lost or stolen, please immediately deactivate your card by one of the following methods until it is found or replaced. The University is not responsible for any loss or expenses resulting from loss, theft, or misuse of an EagleCard.  
 • A link to your my Eagle Card account at [inside.wvu.edu/myeaglecard](https://inside.wvu.edu/myeaglecard)  
 • EagleCard Office: Mon - Fri 8:00 AM - 4:00PM • at (509) 359.6184  
 Once you have found your EagleCard you will need to visit the EagleCard Office with photo identification to reactivate your account.

### OTHER EAGLE CARD SERVICES

- ATHLETIC EVENTS
- RESIDENCE HALL ACCESS
- CAMPUS EVENTS
- UNIVERSITY RECREATION CENTER



For more information visit our website at [inside.wvu.edu/eaglecard](https://inside.wvu.edu/eaglecard) or by scanning the QR code here

## DINING SERVICES IS HIRING STUDENTS!

## 2023 - 2024 DINING SERVICES

### LOOKING FOR HARDWORKING STUDENTS TO BEGIN WORK IN FALL 2023

#### BENEFITS OF WORKING FOR DINING SERVICES

We understand managing school and work at the same time! OUR LOCATIONS HAVE A LARGE VARIETY OF OPERATIONAL HOURS TO FIT YOUR BEST LIFE!

- FLEXIBLE SCHEDULING
- TEAM ORIENTED SKILLS
- ON-THE-JOB TRAINING
- TIME MANAGEMENT SKILLS
- CAREER OPPORTUNITIES
- RESUME BUILDER
- CUSTOMER SERVICE BASED SKILLS
- AND MUCH MORE

SCAN HERE TO APPLY ON HANDSHAKE TODAY!



The TOY Thinking of You program is designed for the active DVM community, but students and staff members are highly valued, too! Send a care package to someone and let them know you're thinking of them!

Care packages can be delivered up to 48 hours in advance or delivered to students living in residential hall, depending on staff availability.

To learn more or to see our full list of care packages visit us online at <https://handshake.wvu.edu/toy/> or scan the QR code.



WANT TO LEARN MORE? VISIT OUR ORIENTATION GUIDE!

**EWU Dining Services**  
 120 TAWANKA HALL CHENEY, WA 99004  
 509-359-6184 / 509-359-2540  
 INSIDE.WVU.EDU/DINING

## MEAL PLAN DETAILS

MEAL PLAN	A la Carte	EAGLE FLEX
*BASE MEAL PLAN	130,000 POINTS / QUARTER	\$100 / QUARTER
UPGRADED MEAL PLAN	165,000 POINTS / QUARTER	\$130 / QUARTER

### OFF-CAMPUS MEAL PLAN OPTIONS

Meal Plan	A la Carte	EAGLE FLEX
COMPUTER MEAL PLAN	45,000 POINTS / PLAN	\$35 / PLAN

### QUICK GUIDE TO RESIDENTIAL MEAL PLANS

A la Carte is a point-to-point system that allows you to purchase meals at any Dining Service Location - without sales tax!

For ease of use, points are converted to a cash tender type; for example, 130,000 points in A la Carte will translate to \$1,300.00. Residential A la Carte will expire each quarter, and any remaining balance will be converted into Eagle Flex at a 72% conversion rate.

### QUICK GUIDE TO OFF-CAMPUS MEAL PLAN

The Computer meal plan is designed for students living off campus who desire the convenience of a meal plan. This plan includes A la Carte and Eagle Flex.

This plan does not auto-renew, so students will need to repurchase it each quarter. Students can purchase this meal plan directly from the Tawanka Business Office at the beginning of each quarter.

Any A la Carte balance from a Computer Meal Plan remaining at the end of a quarter will carry forward to the next quarter and expire at the end of the academic school year in June.

### ADDING ADDITIONAL FUNDS

If you wish to add additional funds to your account you can do so by any of the following\*\*\*

- \* Visit the Dining Department Office located in Tawanka Hall suite 120
- \* Calling 509-359-6184
- \* Online at <https://inside.wvu.edu/myeaglecard>

### QUICK GUIDE TO EAGLE FLEX

Eagle Flex accounts are prepaid, debit-like features on your EagleCard. You can use them on and off campus\*\*. Funds deposited can be held without meal plans, and carry over year to year, expiring after two years of inactivity.

## DINING SERVICES LOCATIONS

ALL OPERATION STATUS IS SUBJECT TO CHANGE BASED ON UNIVERSITY NEEDS

- Elmer's Bros. Bagels
- Funda Express
- Freshies
- Union Market
- Dining Services Office



### ELMER'S BROS. BAGELS

AN EARLY MORNING, MIDDAY STOP FOR BAGELS, COFFEE, ESPRESSO, AND MORE QUESTIONS

### FUNDA EXPRESS

MIDDAY TO LATE NIGHT STOP! ENJOY THEIR FRESHLY PREPARED CHINESE CUISINE.

### FRESHIES & EL SE ESPRESSO

MIDDAY STOP FOR FRESHLY MADE SMOOTHIES, COFFEE, AND MORE!

### UNION MARKET

ONE STOP SHOP FOR GROCERIES, FRESHLY MADE HOT FOGGIES, DINKIES, AND PREMADE TO-GO MEALS.

### DINING SERVICES BUSINESS OFFICE

YOUR DINING INFORMATION CENTER! WE CAN ADD FUNDS AND ANSWER QUESTIONS

### FLUX LOCATIONS

EVU EAGLECARD SERVICES HAS PARTNERSHIP WITH A NUMBER OF MERCHANTS, BOTH ON AND OFF CAMPUS.



\*\* FRESH MEAT STUDENTS MUST HAVE A MEAL PLAN. \*\*\* FRESH MEAT NOT FOGGIES, DINKIES, AND PREMADE TO-GO MEALS. \*\* FRESH FOGGIES & A LA CARTE CANNOT BE PURCHASED WITH EAGLE FLEX.

**GRUBHUB** ORDER AHEAD WITH GRUBHUB! DOWNLOAD THE GRUBHUB APP, LINK YOUR EAGLE CARD, AND SKIP LINES AT MANY DINING LOCATIONS!

# Brochures

## EAGLE FLEX

**Eagle Flex** is a prepaid account that works like a debit card. Flex expires after 2 years of inactivity. Use your EagleCard to spend Flex money at participating locations on campus and in Cheney.

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### TOP 5 REASONS TO HAVE AN EAGLE FLEX ACCOUNT

1. Convenient
2. Flexible
3. Quick transactions
4. Off campus merchants
5. Funds rollover from year to year

## EAGLE FLEX LOCATIONS

### EWU CAMPUS

UNION MARKET  
PANDA EXPRESS  
FRESHEN FRESH FOOD STUDIO  
ESTIEN BROS BAGELS  
EWU CONCESSION STANDS  
TOY GIFT PROGRAM (THINKING OF YOU)  
EWU PRINTING AND COPYING STATIONS  
MAIL SERVICES  
EWU BOOKSTORE  
EPIC ADVENTURES

### CHENEY

JIMMY JOHN'S  
THE MASON JAR  
MITCHELL'S HARVEST FOODS  
OWL PHARMACY  
ROSA'S PIZZA & CHENEY LANES  
SUBWAY  
ZIP'S DRIVE-IN  
BARRELHOUSE PIZZA  
YOKES FRESH MARKET  
MCDONALDS  
EL RODEO  
FROYO EARTH  
THE JAR

## EAGLE CARD OFFICE



## EAGLE CARD OFFICE

PHONE 509.359.6184  
FAX 509.359.4829  
EMAIL [EAGLECARD@EWU.EDU](mailto:EAGLECARD@EWU.EDU)  
120 TAWANKA HALL  
CHENEY, WA 99004

## THE EAGLE CARD DOES IT ALL



### Eagle Flex

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### Spokane Transit

Use your EagleCard as a bus pass on all STA routes. Students can use the pass during current enrolled quarter and have paid their transportation fee. Faculty and staff are eligible after registering for CTR Program.



### EWU Dining Services

Residential and off-campus living meal plans can be loaded to your EagleCard every quarter. Bring it with you to all Dining Services locations to purchase meals, snacks, and beverages.



### Print & Copy Services and JFK Library

Each quarter, Students EagleCards are loaded with \$9.00 of Print Credit for use at EWU libraries and computer labs. You can also use your ID to check out books, rent cameras, and laptops from the JFK library.

## ADDITIONAL EAGLE CARD INFORMATION

### Replacement Fee:

Replacement cards cost \$30. The fee is to be paid at the EagleCard Office at the time of service with cash, check, Visa, MasterCard, or Eagle Flex. Cards over four years of age will be replaced at no charge.

### Name Change:

After legally changing your name, you may contact Records and Registration to request your name be changed in the University Banner system. Once we can see your name change has been processed, you may purchase a new card for \$30. Please note that Net IDs are now printed on all EagleCards and Net IDs are not automatically changed when the name change is processed. To change you Net ID, please contact the IT Help Desk.

### Lost and Stolen Cards:

If your card is lost or stolen, please immediately deactivate your card by one of the following methods until it is found or replaced. The University is not responsible for any loss or expenses resulting from loss, theft, or misuse of an EagleCard.

- Login to your my Eagle Card account at [inside.ewu.edu/myeaglecard](https://inside.ewu.edu/myeaglecard)
- EagleCard Office: Mon - Fri 7:30 AM - 4:30PM - at (509) 359.6184

Once you have either found or purchased a new EagleCard you will need to visit the EagleCard Office with photo identification to reactivate your account.

### Improper use of EagleCards:

Any EagleCard used by anyone other than the owner will be confiscated. The card will be held until the owner of the card claims it by showing a valid photo ID.

### Old Cards:

Once a new card is produced, you cannot go back to an old card. This is a security feature built into our system for the protection of our card holders and cannot be overridden.

## OTHER EAGLE CARD SERVICES



SPORTS & RECREATION CENTER



JFK & RIVERPOINT LIBRARIES



UNIVERSITY RECREATION CENTER



ATHLETIC EVENTS



RESIDENCE HALL ACCESS



CAMPUS EVENTS



# Trifold

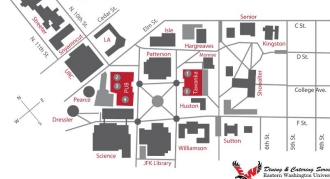
## 2022-2023 MEAL PLANS & INFORMATION



### DINING SERVICES LOCATIONS

ALL OPERATION STATUS IS SUBJECT TO CHANGE BASED ON UNIVERSITY NEEDS

- 1 Einstein Bros. Bagels
- 2 Panda Express
- 3 Freshens
- 4 Union Market
- 5 Dining Services Office



**EINSTEIN BROS. BAGELS**  
AN EARLY MORNING, MIDDAY STOP FOR BAGELS, COFFEE, ESPRESSO, AND MORE!

**PANDA EXPRESS**  
MIDDAY TO LATE NIGHT STOP. ENJOY THEIR FRESHLY PREPARED CHINESE CUISINE.

**FRESHENS SMOOTHIE**  
(Located in the Union Market)  
MIDDAY STOP FOR FRESHLY MADE SMOOTHIES, COFFEE, AND MORE!

**UNION MARKET**  
ONE STOP SHOP FOR GROCERIES, FRESHLY MADE HOT FOODS, DRINKS, AND PREPARED TO-GO MEALS.

**DINING SERVICE OFFICE**  
YOUR DINING INFORMATION CENTER WE CAN ADD FUNDS AND ANSWER QUESTIONS!



**GRUBHUB**

ORDER AHEAD WITH GRUBHUB! DOWNLOAD THE GRUBHUB APP, LINK YOUR CREDITCARD, AND SHOP ONLINE AT MANY DINING LOCATIONS!



\*VENDOR'S HOURS AND HOURS ARE SUBJECT TO CHANGE BASED ON UNIVERSITY NEEDS.

## MEAL PLAN DETAILS



### RESIDENTIAL MEAL PLAN OPTIONS

MEAL PLAN	À LA CARTE	EAGLE FLEX
BASE*	110,000 POINTS / QUARTER	\$100 / QUARTER
UPGRADED	140,000 POINTS / QUARTER	\$150 / QUARTER

### OFF-CAMPUS MEAL PLAN OPTIONS

MEAL PLAN	À LA CARTE	EAGLE FLEX
COMMUTER MEAL PLAN	40,000 POINTS / PLAN	\$25 / PLAN

### QUICK GUIDE TO RESIDENTIAL MEAL PLANS

À la Carte is a penny-a-point system that allows you to purchase items at any Dining Service Location - without sales tax! For ease of use, points are converted to a cash tender type; for example, 140,000 points in À la Carte will translate to \$1,400.00. Residential À la Carte will expire each quarter, and any remaining balance will be converted into Eagle Flex at a 75% conversion rate.

### QUICK GUIDE TO OFF-CAMPUS MEAL PLAN

The Commuter meal plan is designed for students living off campus who desire the convenience of a meal plan. This plan includes À la Carte and Eagle Flex.

This plan does not auto-renew, so students will need to repurchase it each quarter. Students can purchase this meal plan directly from the Tawanka Business Office at the beginning of each quarter.

Any À la Carte balance from a Commuter Meal Plan remaining at the end of a quarter will carry forward to the next quarter and expire at the end of the academic school year in June.

### ADDING ADDITIONAL FUNDS

If you wish to add additional funds to your account you can do so by any of the following\*\*\*

- Visit the Dining Department Office located in Tawanka Hall suite 120
- Calling 309-359-6184
- Online at <https://eaglecard-sp.transactcampus.com/eaccounts>

### QUICK GUIDE TO EAGLE FLEX

Eagle Flex accounts are prepaid, debit-like features on your EagleCard. It can be used on and off campus\*\*. Flex accounts can be held without meal plans, and carry over, year to year, expiring after two years of inactivity.

\*\* FIRST YEAR STUDENTS MUST HAVE A MEAL PLAN  
\*\*\* LIST OF FLEX VENDORS IS SUBJECT TO CHANGE.  
\*\*\* FLEX DOLLARS & À LA CARTE CAN BE ADDED ANYTIME.

## DINING SERVICES IS HIRING STUDENTS!

### LOOKING FOR HARDWORKING STUDENTS TO BEGIN WORK IN **FALL 2022**

#### BENEFITS OF WORKING FOR DINING SERVICES

**We understand managing school and work at the same time!**

OUR LOCATIONS HAVE A LARGE VARIETY OF OPERATIONAL HOURS TO FIT YOUR BUSY LIFE

- FLEXIBLE SCHEDULING
- TEAM ORIENTED SKILLS
- ON-THE JOB TRAINING
- TIME MANAGEMENT SKILLS
- CAREER OPPORTUNITIES
- RESUME BUILDER
- CUSTOMER SERVICE BASED SKILLS
- AND MUCH MORE

SCAN HERE TO APPLY ON HANDSHAKE TODAY!



**Handshake**

**TOY**

THINKING OF YOU  
GIFT PROGRAM OF EWU DINING SERVICES

The TOY (Thinking of You) program is designed for the entire EWU community, from students and their families, to faculty and staff. Send a care package to someone and let them know you're thinking of them!

Care packages can be picked up in our office, or delivered to students living in on-campus residential halls, depending on staff availability.

To learn more or to see a full list of care packages visit our website at <https://inside.ewu.edu/dining/toy/> or scan the QR code.



To place an order, contact our office staff:  
120 Tawanka Hall  
Monday - Friday  
8:00 AM - 4:00 PM  
(509) 359-2836 or (509) 359-6184

\*HOURS ARE SUBJECT TO CHANGE

WANT TO LEARN MORE?  
VISIT OUR ORIENTATION GUIDE!



# Local Merchant & EagleFlex Information

## Eagle Flex

### Eagle Flex Locations

#### EWU Campus

All EWU Dining Services operations  
The Eagle Store  
EPIC Adventures  
EWU Concession Stands  
Mail Services  
Print & Copy (WEPA)  
Thinking of You Gift Program (TOY)

#### Cheney

Barrelhouse Pizza  
Cheney Conoco  
El Rodeo  
Froyo Earth  
Inferno wings  
The Jar  
Jimmy John's  
The Mason Jar  
McDonald's  
Mitchell's Harvest Foods  
Owl Pharmacy  
Rosa's Pizza and Cheney Lanes  
Subway  
West Plains Roasters  
Yoke's Fresh Market  
Zip's Drive-In

### FAQ

**What is Eagle Flex?** Eagle Flex is a prepaid account that works like a debit card. Use your EagleCard to spend your Flex at participating merchants on and off campus.

**How Do I Know if I Have EagleFlex?** You have EagleFlex if you live in one of the resident halls with your meal plan or if you have purchased the commuter meal plan.

#### How Much Flex Do I Have?

BASE MEAL PLAN	\$100 / Quarter
UPGRADED MEAL PLAN	\$150 / Quarter
COMMUTER MEAL PLAN	\$25 / Quarter

#### How Do I Get More Eagle Flex?

- 1 Over the phone
- 2 In-person at the EagleCard Office in 120 Tawanka Hall Monday through Friday, from 8:00 AM to 4:00 PM.
- 3 At one of our PHIL machines
- 4 Online by searching My EagleCard Account
- 5 Any remaining la Carte balance remaining from last quarter will be automatically converted to Eagle Flex at a 75% value.

For more information scan here



## EAGLEFLEX SERVICES FALL 2023 - SPRING 2024

### CONTACT INFORMATION

✉ mshaffe2@ewu.edu  
☎ (509) 359-6224  
🌐 [inside.ewu.edu/eaglecard/flex](https://inside.ewu.edu/eaglecard/flex)

### What is Eagle Flex?

Eagle Flex is a prepaid account that works like a debit card. That Students can use at participating merchants on and off campus.

### ACADEMIC DATES FOR 2023 -2024 SCHOOL YEAR

9/04/23 Labor Day  
9/20/23 First Day of Instruction (Quarter)  
10/09/23 Columbus Day  
11/10/23 Veterans Day\* day off  
11/11/23 Veterans Day  
11/23/23 Thanksgiving Day  
11/23/24 holiday closure  
12/1/24 - 1/8/24 Winter break  
1/15/24 Martin Luther King Jr. Day  
2/19/24 President's Day  
3/25/24 - 3/29/24 Spring break  
5/27/24 Memorial Day  
6/7/24 Last Day of Instruction  
6/19/24 Juneteenth

⚠ Please ask your staff to make sure that the photo on the card matches the identity of the cardholder. If they do not match confiscate the card and cancel the transaction as this is a form of identity theft.

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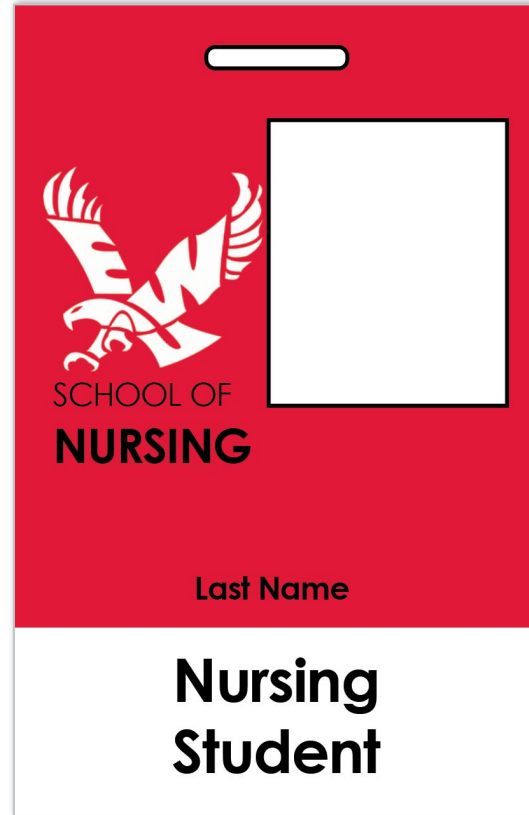
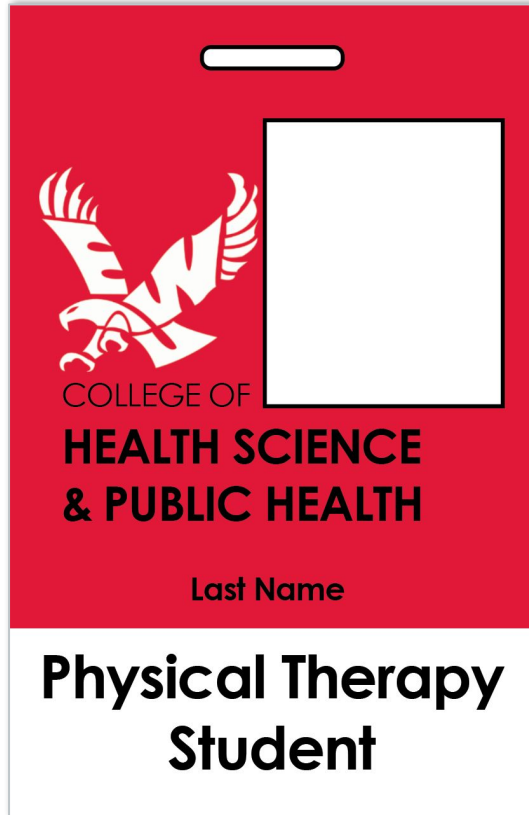
### Prohibited Items for Purchase Using EagleFlex



- Alcohol
- Debit Cards
- Tobacco
- Contraception
- Gift Cards
- Lottery Tickets

Please ask your staff to communicate to cardholders that you can create a separate transaction for a different payment method if they wish to purchase a prohibited item.

# New ID badges







COLLEGE OF  
**HEALTH SCIENCE  
& PUBLIC HEALTH**



SCHOOL OF  
**NURSING**



COLLEGE OF  
**HEALTH SCIENCE  
& PUBLIC HEALTH**

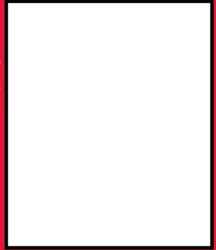
Last Name  
Student



**NURSING**



COLLEGE OF  
**PROFESSIONAL  
PROGRAMS**



# Website Redesign

<https://inside.ewu.edu/eaglecard/>

<https://inside.ewu.edu/dining/>

# Website Redesign

**EagleCard Services**  
Eastern Washington University

Home Your EagleCard COVID-19 UPDATES Card Services Eagle Flex Dining Services

## Would you like to add money to your EagleCard Account?

Click the tab that says Your EagleCard and click My EagleCard Account

••

### Fall Quarter Hours

Monday - Friday  
8:00 am - 4:00 pm

Saturday - Sunday  
Closed

The EagleCard does it all.

Take your card with you when you:

- use your meal plan at any EWU Dining Services location
- attend an EWU athletics event
- use the IRC or SRC facilities
- visit the JFK & Riverpoint Libraries
- visit vendors that accept Eagle Flex
- ride any SpiritLine Transit Authority bus route
- access your residence hall
- attend campus events

(509) 359-6184 • eaglecard@ewu.edu  
120 Tawana Hall • Cheney, WA 99004-2410

**CAMPUS SAFETY**

- EWU Police
- EWU Security
- EWU Fire

**NEED TECH ASSISTANCE?**

- IT Helpdesk
- IT Support

**STUDENT AFFAIRS**

- Student Affairs
- Student Services

**FOLLOW US**

**RECORDS & REGISTRATION**

- Records & Registration

**UNIVERSITY HOUSING**

- University Housing

**REGISTER TO VOTE**

Register to Vote (RCW 26A.05.010)

**EWU ACCESSIBILITY**

- EWU Accessibility

**UNIVERSITY**

- University

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**EagleCard Services**  
Eastern Washington University

Home Your EagleCard COVID-19 UPDATES Card Services Eagle Flex Dining Services

### Dining Services

Students with meal plans can access their A la Carte and Eagle Flex with their EagleCard. Bring it with you to any DWU Dining Services location in order to purchase meals, snacks, and beverages.

### Spokane Transit Authority (STA)

Use your EagleCard as a pass to travel on any STA route. Students eligible for the pass are those who have enrolled in the current quarter and have paid their quarterly transportation fee.

### Print and Copy Services

Each student who pays the DWU TechFlex is provided \$9.00 of print credits (\$13.50 for semester students) for use at WEPA printing stations. If you run out of print credit, Eagle Flex can be used for printing and copying, too!

### Eagle Flex

Any DWU student or employee may set up an Eagle Flex account to access with their EagleCard. For more information, visit the Eagle Flex page.

### Other EagleCard Services

- Sports & Recreation Center
- JFK & Riverpoint Libraries
- University Recreation Center
- Athletic Events
- Residence Hall Access
- Campus Events

**CAMPUS SAFETY**

- EWU Police
- EWU Security
- EWU Fire

**NEED TECH ASSISTANCE?**

- IT Helpdesk
- IT Support

**STUDENT AFFAIRS**

- Student Affairs
- Student Services

**FOLLOW US**

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Register to Vote (RCW 26A.05.010)

**EWU ACCESSIBILITY**

- EWU Accessibility

**UNIVERSITY**

- University

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**DWU Dining Services**  
How to Purchase Early on a Day

Home My Dining Services My Dining Services My Dining Services My Dining Services My Dining Services

## Commuter Meal Plan

**\$500** INCLUDES: A LA CARTE 40,000 Points, EAGLE FLEX \$15 Plan, and more!

### Meal Plans Designed Just For You

Meal Plans are designed to meet the needs of all students. Each plan includes a set amount of points and access to the Eagle Flex account. Points can be used to purchase meals, snacks, and beverages at any dining location. Points are also used to purchase transit passes for the Spokane Transit Authority (STA).

Meal Plan	Fall 2022	Winter 2023	Spring 2023	Total Available Points
Standard Double Room with Basic Meal Plan	\$2,174.00	\$1,714.00	\$1,714.00	\$5,598.00
Standard Double Room with Basic Meal Plan (Student Services - Public Housing)	\$2,174.00	\$1,714.00	\$1,714.00	\$5,598.00
Standard Double Room with Signature Meal Plan	\$4,348.00	\$3,428.00	\$3,428.00	\$11,198.00
Standard Double Room with Signature Meal Plan (Student Services - Public Housing)	\$4,348.00	\$3,428.00	\$3,428.00	\$11,198.00
Standard Double Room with No Meal Plan*	\$1,714.00	\$1,714.00	\$1,714.00	\$5,142.00
Standard Double Room with No Meal Plan* (Student Services - Public Housing)	\$1,714.00	\$1,714.00	\$1,714.00	\$5,142.00
Premium Double Room with Basic Meal Plan	\$4,348.00	\$3,428.00	\$3,428.00	\$11,198.00
Premium Double Room with Basic Meal Plan (Student Services - Public Housing)	\$4,348.00	\$3,428.00	\$3,428.00	\$11,198.00
Premium Double Room with Signature Meal Plan	\$8,596.00	\$6,856.00	\$6,856.00	\$22,308.00
Premium Double Room with Signature Meal Plan (Student Services - Public Housing)	\$8,596.00	\$6,856.00	\$6,856.00	\$22,308.00
In-Room Bath Double with Basic Meal Plan	\$4,348.00	\$3,428.00	\$3,428.00	\$11,198.00
In-Room Bath Double with Basic Meal Plan (Student Services - Public Housing)	\$4,348.00	\$3,428.00	\$3,428.00	\$11,198.00
In-Room Bath Double with Signature Meal Plan	\$8,596.00	\$6,856.00	\$6,856.00	\$22,308.00
In-Room Bath Double with Signature Meal Plan (Student Services - Public Housing)	\$8,596.00	\$6,856.00	\$6,856.00	\$22,308.00
In-Room Bath Double with No Meal Plan*	\$3,428.00	\$3,428.00	\$3,428.00	\$10,284.00
In-Room Bath Double with No Meal Plan* (Student Services - Public Housing)	\$3,428.00	\$3,428.00	\$3,428.00	\$10,284.00

Meal Plan	Fall 2022	Winter 2023	Spring 2023	Total Available Points
Small Eagle Room with Basic Meal Plan	\$1,714.00	\$1,367.00	\$1,367.00	\$4,448.00
Small Eagle Room with Basic Meal Plan (Student Services - Public Housing)	\$1,714.00	\$1,367.00	\$1,367.00	\$4,448.00
Small Eagle Room with Signature Meal Plan	\$3,428.00	\$2,734.00	\$2,734.00	\$8,896.00
Small Eagle Room with Signature Meal Plan (Student Services - Public Housing)	\$3,428.00	\$2,734.00	\$2,734.00	\$8,896.00
Small Eagle Room with No Meal Plan*	\$1,367.00	\$1,367.00	\$1,367.00	\$4,101.00
Small Eagle Room with No Meal Plan* (Student Services - Public Housing)	\$1,367.00	\$1,367.00	\$1,367.00	\$4,101.00
Large Eagle Room with Basic Meal Plan	\$3,428.00	\$2,734.00	\$2,734.00	\$8,896.00
Large Eagle Room with Basic Meal Plan (Student Services - Public Housing)	\$3,428.00	\$2,734.00	\$2,734.00	\$8,896.00
Large Eagle Room with Signature Meal Plan	\$6,856.00	\$5,468.00	\$5,468.00	\$17,792.00
Large Eagle Room with Signature Meal Plan (Student Services - Public Housing)	\$6,856.00	\$5,468.00	\$5,468.00	\$17,792.00
Large Eagle Room with No Meal Plan*	\$2,734.00	\$2,734.00	\$2,734.00	\$8,202.00
Large Eagle Room with No Meal Plan* (Student Services - Public Housing)	\$2,734.00	\$2,734.00	\$2,734.00	\$8,202.00
In-Room Bath Single with Basic Meal Plan	\$2,734.00	\$2,187.00	\$2,187.00	\$7,108.00
In-Room Bath Single with Basic Meal Plan (Student Services - Public Housing)	\$2,734.00	\$2,187.00	\$2,187.00	\$7,108.00
In-Room Bath Single with Signature Meal Plan	\$5,468.00	\$4,374.00	\$4,374.00	\$14,216.00
In-Room Bath Single with Signature Meal Plan (Student Services - Public Housing)	\$5,468.00	\$4,374.00	\$4,374.00	\$14,216.00
In-Room Bath Single with No Meal Plan*	\$2,187.00	\$2,187.00	\$2,187.00	\$6,561.00
In-Room Bath Single with No Meal Plan* (Student Services - Public Housing)	\$2,187.00	\$2,187.00	\$2,187.00	\$6,561.00

**OR Campus Living**

**Understanding Your Meal Plan**

A la Carte

Eagle Flex

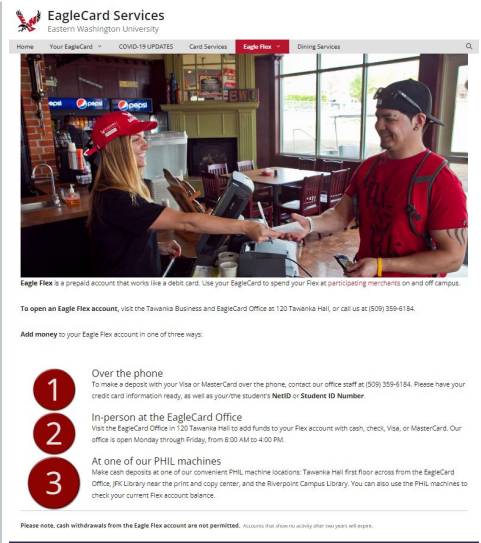
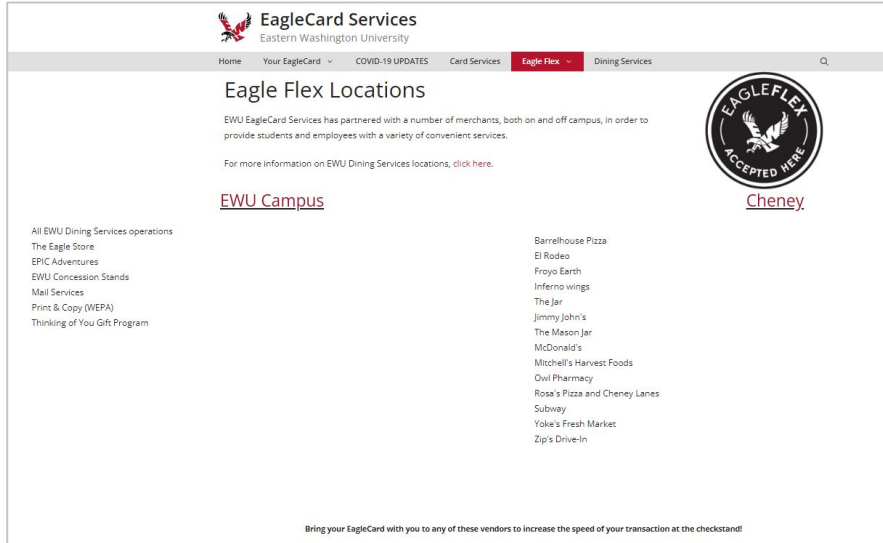
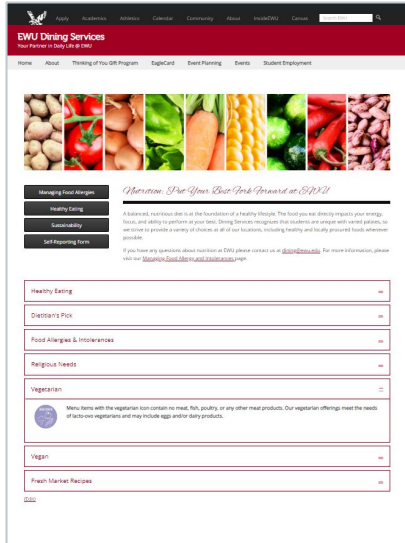
Points

EWU Dining Services

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original

# Website Redesign



original

EagleCard Services  
Eastern Washington University

Home Your EagleCard Card Services Eagle Flex Dining Services

## EagleCard Services

The EagleCard does it all

Take your card with you when you:

- make deposits at the dining service locations
- deposit an ID (ID#101) card
- deposit an ECU ID card
- deposit a WU ID card
- use any Eastern Transitions bus pass
- use any student transit bus pass
- use any student transit pass
- deposit your ID card

Click here to Learn More

EagleCard Services EagleCard photos My EagleCard Account

### Spring Quarter Hours

120 Tawawka Hall - Cheney, WA 99004-2410

Monday - Friday  
8:00am - 4:00pm

Saturday - Sunday  
Closed


Frequently Asked Questions EagleCard Photo Submission EWU Dining Services

### Eagle Flex Locations

EWU EagleCard Services has partnered with a number of merchants, both on and off campus, in order to provide students and employees with a variety of convenient services.

For more information on EWU Dining Services locations, click here.

To see all Eagle Flex Locations click here.



CAMPUS SAFETY  
 509.359.4184  
 120 Tawawka Hall - Cheney, WA 99004-2410  
 helpdesk@ewu.edu

NEED TECH ASSISTANCE?  
 509.359.4184  
 120 Tawawka Hall - Cheney, WA 99004-2410  
 helpdesk@ewu.edu

STUDENT AFFAIRS  
 509.359.4184  
 120 Tawawka Hall - Cheney, WA 99004-2410  
 helpdesk@ewu.edu

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 120 Tawawka Hall - Cheney, WA 99004-2410  
 helpdesk@ewu.edu

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EagleCard Services  
Eastern Washington University

Home Your EagleCard Card Services Eagle Flex Dining Services

## Eagle Flex

### What is Eagle Flex?

Eagle Flex is a prepaid account that works like a debit card. Use your EagleCard to spend your Flex at participating merchants on and off campus.

### How Do I Get More Eagle Flex?

1. Over the phone  
To make a deposit with your Visa or MasterCard over the phone, contact our office staff at (509) 359-4184. Please have your credit card information ready, as well as your student's **name** or **Student ID Number**.
2. In person at the EagleCard Office  
120 Tawawka Hall - Monday through Friday, from 8:00 AM to 4:00 PM.
3. At our PHIL machine.  
Make cash deposits at our PHIL machine location: Tawawka Hall first floor across from the EagleCard Office. You can also use the PHIL machine to check your current account balance.
4. Online by searching My EagleCard Account.
5. Any remaining Carle balance remaining from last quarter will be automatically converted to Eagle Flex at a 75% value.

### How Much Flex Do I Have?

Basic meal plan \$100 / Quarter  
 Aggrieved meal plan \$150 / Quarter  
 Commuter meal plan \$25 / Quarter

or click here to check your Eagle Flex balance

### Where Can I Use Flex?

Click here to see all of our Eagle Flex Locations

**Please note, cash withdrawals from the Eagle Flex account are not permitted.** Accounts that show no activity after two years will expire.

CAMPUS SAFETY  
 509.359.4184  
 120 Tawawka Hall - Cheney, WA 99004-2410  
 helpdesk@ewu.edu

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 509.359.4184  
 120 Tawawka Hall - Cheney, WA 99004-2410  
 helpdesk@ewu.edu

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EagleCard Services  
Eastern Washington University

Home Your EagleCard Card Services Eagle Flex Dining Services

## Eagle Flex Locations

For On-Campus and Off-Campus



### EWU Campus

All EWU Dining Services locations:  
 The Eagle Inn  
 EPIC Adventures  
 EWU Conference Center  
 Real Services  
 Print & Copy WEPN  
 Thriftway of You Call Program  
 Thomas Hammer

### Cheney

Barrhead's Pizza  
 Cheney Clinic  
 El Bando  
 Fry's Earth  
 The Grill  
 Jiffy Lube  
 The Mason Jar  
 McDonald's  
 McDonald's Harvest Foods  
 Okara BBQ  
 Owl Pharmacy  
 Piro's Pizza and Cheney Lanes  
 Subway  
 West Plains Restrooms  
 Water Street Market  
 Zips Drive-In

Bring your EagleCard with you to any of these vendors to increase the speed of your transaction at the checkout!

CAMPUS SAFETY  
 509.359.4184  
 120 Tawawka Hall - Cheney, WA 99004-2410  
 helpdesk@ewu.edu

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EagleCard Services  
Eastern Washington University

Home Your EagleCard Card Services Eagle Flex Dining Services

## Eagle Flex

Any EWU student or employee may set up an Eagle Flex account to access with their EagleCard. For more information, visit the Eagle Flex page.

## Print and Copy Services

Each student who pays the EWU Tuition fee is provided \$9.00 of print credit (\$13.50 for semester students) for use at WEPN printing stations. If you run out of print credit, Eagle Flex can be used for printing and copying, too!

## Sports & Recreation Center

## Athletic Events

## Residence Hall Access

## JFK & Riverpoint Libraries

## Campus Events

## University Recreation Center

## CAMPUS SAFETY

509.359.4184  
 120 Tawawka Hall - Cheney, WA 99004-2410  
 helpdesk@ewu.edu

## NEED TECH ASSISTANCE?

509.359.4184  
 120 Tawawka Hall - Cheney, WA 99004-2410  
 helpdesk@ewu.edu

## STUDENT AFFAIRS

509.359.4184  
 120 Tawawka Hall - Cheney, WA 99004-2410  
 helpdesk@ewu.edu

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## EASTERN WASHINGTON UNIVERSITY

509.359.4184  
 120 Tawawka Hall - Cheney, WA 99004-2410  
 helpdesk@ewu.edu

## RECORDS & REGISTRATION

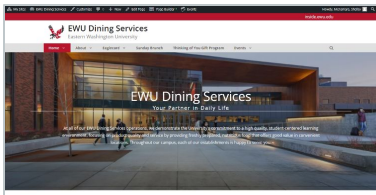
509.359.2321  
 120 Tawawka Hall - Cheney, WA 99004-2410  
 records@ewu.edu

## REGISTER TO VOTE

509.359.2321  
 120 Tawawka Hall - Cheney, WA 99004-2410  
 records@ewu.edu

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# Redesign



**EWU Dining Services Location Hours**  
Spring Quarter 2023 Operation Hours  
About our subjects: [COWE](#)

Location/Service	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Union Market	8:00 am - 4:00 pm	8:00 am - 4:00 pm	8:00 am - 4:00 pm	8:00 am - 4:00 pm	8:00 am - 4:00 pm	8:00 am - 4:00 pm	8:00 am - 4:00 pm
Union Market	8:00 am - 4:00 pm	8:00 am - 4:00 pm	8:00 am - 4:00 pm	8:00 am - 4:00 pm	8:00 am - 4:00 pm	8:00 am - 4:00 pm	8:00 am - 4:00 pm
Union Market	8:00 am - 4:00 pm	8:00 am - 4:00 pm	8:00 am - 4:00 pm	8:00 am - 4:00 pm	8:00 am - 4:00 pm	8:00 am - 4:00 pm	8:00 am - 4:00 pm
Union Market	8:00 am - 4:00 pm	8:00 am - 4:00 pm	8:00 am - 4:00 pm	8:00 am - 4:00 pm	8:00 am - 4:00 pm	8:00 am - 4:00 pm	8:00 am - 4:00 pm
Union Market	8:00 am - 4:00 pm	8:00 am - 4:00 pm	8:00 am - 4:00 pm	8:00 am - 4:00 pm	8:00 am - 4:00 pm	8:00 am - 4:00 pm	8:00 am - 4:00 pm
Union Market	8:00 am - 4:00 pm	8:00 am - 4:00 pm	8:00 am - 4:00 pm	8:00 am - 4:00 pm	8:00 am - 4:00 pm	8:00 am - 4:00 pm	8:00 am - 4:00 pm
Union Market	8:00 am - 4:00 pm	8:00 am - 4:00 pm	8:00 am - 4:00 pm	8:00 am - 4:00 pm	8:00 am - 4:00 pm	8:00 am - 4:00 pm	8:00 am - 4:00 pm



**2022 - 2023 Commuter Meal Plan**

FOR \$500 THE COMMUTER PLAN INCLUDES 40,000 A LA CARTE

**& \$25 EAGLE FLEX**

APPLY TODAY ON HANDSHAKE

**CAMPUS SAFETY**

**NEED TECH ASSISTANCE?**

**STUDENT AFFAIRS**

**RECORDS & REGISTRATION**

**FOCUS ON US**

**EASTERN WASHINGTON UNIVERSITY**

## Sunday Brunch



Our next brunch will be held on **May 21, 2023**

**Brunch 9am to 1pm**

Adult \$16.95  
Children (12 & under) \$10

Accepting À LA CARTE, FLEX, CASH & CARD

Join us in the PUB NCR to enjoy all of your breakfast favorites

## Sunday Brunch Menu

### Hot Buffet

- Build your own Breakfast Burrito Bar
- Flour Tortillas
- Scrambled Eggs
- Potatoes (Garden)
- Assorted Breakfast Meats
- Cilantro Lime Rice
- Seasoned Black Beans
- Shredded Cheese, Sour Cream, Salsa, Guacamole
- Biscuits & Sausage Gravy
- Cheese Blintzes w/Fruit Topping on the side

### Cold Buffet

- Smoked Steakhead Platter
- Chilled Asparagus w/Truffle Vinaigrette Platter
- Assorted Mini-Quiche Platter
- Fresh Fruit Display
- Yogurt w/Berries & Granola
- Assorted Breads for Toasting

### Omelets & Eggs

- Build Your Own Omelets
- Eggs Cooked to Order

### Waffle Bar

- Build Your Own Sweet & Savory Waffles

### Carving Station

- Eye of Round Beef Roast
- Honey Orange-Smoked Ham

### Beverages

- Fresh QJ, Milk, Coffee, Hot Cocoa, Water, & Eagle Punch

### Dessert

- Enjoy An Assortment of Pastries and Desserts

\*The Union Market store will be open at 10 am, all other food service will be closed until 1 pm in support of this event

**CAMPUS SAFETY**

**NEED TECH ASSISTANCE?**

**STUDENT AFFAIRS**

**RECORDS & REGISTRATION**

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**EASTERN WASHINGTON UNIVERSITY**



Orders must be placed at least two days in advance of the desired delivery date.

Designed for the pleasure and convenience of the EWU community, the TOY Thinking of You Gift Program offers a variety of packages for students, faculty and staff. Gifts can be placed on in our office, or delivered to students living in campus residential halls.

To place an order, contact our office staff!

128 Twanaka Hall  
Monday - Friday  
8:00 AM - 4:00 PM  
(509) 399-2836 or (509) 399-6184



\*Products are subject to change depending on availability.  
\*These are an idea of any subject to delivery preferences, and we will do our best to accommodate you.  
\*Rate bags shown in images will not be provided or this time.

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# Redesign